RUTGERS UNIVERSITY
New Jersey 4-H Camp
L.G. Cook 4-H Youth Center
for Outdoor Education



SUMMER 2027

COURSE OFFERING GUIDE

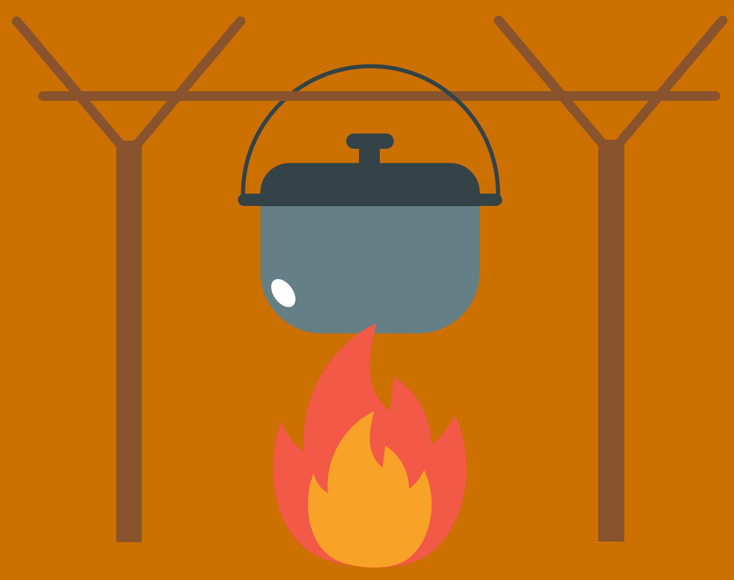
NEW JERSEY 4-H CAMP



Our classes are enthusiastically "non-academic". They focus on creativity, exploration, trying new things, building new friendships, and simply having fun outside!

In advance of the their camp sessions, Campers select TWO classes to particpate in.







Environmental Recreation



Ranger

Ages 12 and up

Our Ranger class is dedicated to enjoying a good walk in the woods! Rangers will traverse both a series of on-camp trails before venturing off onto the paths that explore Stokes State Forest. The class culminates in a 6-mile hike along the Appalachian Trail, featuring lunch on Blue Mountain, enjoying a beautiful westward vista.

Stoked Stokes

The perfect way to explore the forest of 4-H Camp. Each day, campers will take a different Camp trail leading them through a new terrain and environment featured on our 108-acre woods. As they explore the streams, glens, glades, and vernal ponds, campers will stop for lessons and details on the the various plants and animals that make their home alongside us at 4-H Camp.



Survival Challenge

A woodland game show set in the middle of 4-H Camp's forest! Campers will learn to make a fire, obtain clean water, and build a shelter through a series of fun, competitive teamwork related challenges.

Canoe-nity Cooking

Based in our Canoe-nity Garden, campers will learn about and care for the variety of vegetables and herbs in our garden, and then use those ingredients to construct some creative meals over the campfire.

More Environmental Recreation

Archery

A Camp classic. Campers will learn the safety principles and basic mechanics needed to operate our bows, and how to patiently acquire accuracy and how to take steps to improve regardless of skill level.

Disc Golf

Combines a fun and simple sport with exploring some beautiful sections of Camp's forest. Campers will learn to throw discs for distance and accuracy, and then refine their skills by spending the majority of the class playing our woodland Disc Golf course.

Fishing

Campers will enjoy the serene view from the shore of Lake Shawanni as they learn how to cast, catch, release and identify fish with the help of Camp's patented bait...leftover breakfast sausage.



Creatives Arts

Camp Colors

Some classic time in the Craft Shop! With paint, markers, crayons, paper, and other odd-supplies-galore, Campers will create a series of colorful crafts. They will explore the concepts of color theory and experiment with complimentary colors. Of course, no Camp Colors class would be complete without the Camp-colory-est project of all all: Tie-Dye.





Pottery

Each summer day, the center of the Craft Shop is alive with activity spinning away on our pottery wheels. Campers will all get to log plenty of time on the wheel themselves, while also experimenting with the many ways to hand-mold clay and walk away from the class with some memorable Camp-made keepsakes.



More Creative Arts

Strings n' Things

No 4-H Camp day can be complete without the creation of a few friendship bracelets, and this class cuts right to the chase by focusing on that time honored tradition. They'll learn different patterns, weaves, and ways to bring their Friendship Braceleting to the next level. In addition, they'll be introduced to some crotchet, some macramé, and the various ways that some knotted colorful string can quickly become a piece of art.

Creative Corner

4-H Camp runs on plenty of creativity, a bit of artistry, and an abundance of imagination. Creative Corner features all of the above. Campers will follow their whims through nature journaling, junkyard band music making, some goofy improvisation, and more. Campers will be able share some of their creations with the community in the Talent Show or Closing Campfire.

Dramatic Storytelling

Big, loud storytelling can be central to how we live our Camp days. This class features drama games, creative exercises and plenty of ways for our campers to get up and express themselves. Campers will work together to create their own unique characters and act out original tales, while learning some basic story-structure and storytelling vocabulary along the way. The class culminates with a skit for our Closing Campfire.



Waterfront

Watercraft

Nothing is more classic Camp than a few campers padding around Lake Shawanni in a canoe. Watercraft features experiential instruction, games, and activities for both canoes and kayaks, our timeless and traditional 4-H Camp vessels. Campers will be introduced to the equipment needed to embark in our watercrafts, learn and practice paddling technqiues to direct their boats, and even experience some advanced techniques like gunneling up, kayak flipping, and the famous T-rescue.





Lake Shawanni Adventure

A tour of what's new to Lake Shawanni! (Or, newer than 75 years old, anyway.) Campers will learn the techniques needed to pilot our fleet of paddle boards and adventure out on our comically ungainly Corcls. In addition, they'll engage in some games and contests featuring our splashmats and mothership, as well as leaping off the dock and down the slide for an assortment of Lake activities exclusive to the class.